

Planet Earth: Freshwater: The Journey

- Freshwater begins high in the mountains and travels to the sea.
- Moisture rises from the surface of the sea as water vapor and travels inland on the wind.
- Mountains force the moist air upward.
- As it cools, it condenses into clouds, and finally rain, the source of all freshwater.
- Freshwater's journey starts high in the mountains.
- Growing from humble streams to mighty rivers, it will travel hundreds of miles to the sea.
- In their upper regions, mountain streams surge with energy.
- Streams join to form rivers, build power and create rapids.