## Time Zone Chart Template

The Time Zone chart must be completed for each webinar session and disseminated to all participants at least two weeks in advance of the scheduled webinar. Please click the link below to access the World Clock International Meeting Planner.

<http://www.timeanddate.com/worldclock/meeting.html>

**Note**: It is recommended that each webinar session not exceed 1 hour.

### Europe

**Date**:

**Time: EDT (Spring/Summer) or EST (Fall/Winter)**

**Meeting Link**:

|  |  |
| --- | --- |
| EDT |  |
| BST (ISLES) |  |
| CEST (MED, GE, BAVARIA) |  |

### Pacific

**Date**:

**Time: EDT (Spring/Summer) or EST (Fall/Winter)**

**Meeting Link**:

|  |  |
| --- | --- |
| **Washington D.C. EDT** | **Pacific** |
| **Date** |
| **Date: EDT** | **Date: JST** |
| **Time** |
| EDT |  | ChST (Guam) |  |
|  | JST (Mainland) |  |
| JST (Okinawa) |  |
| KST (Korea) |  |

### Americas

**Date**:

**Time: EDT (Spring/Summer) or EST (Fall/Winter)**

**Meeting Link**:

|  |  |
| --- | --- |
| EDT (GA, Ft. Knox, KY, NC, NY, VA, SC) |  |
| CDT (AL, Ft. Campbell, KY) |  |
| AST (Puerto Rico) |  |
| CDT (Cuba) |  |